

# **Welcome to Blacktown Family Relationship Centre**

## **Who are we?**

The Blacktown Family Relationship Centre is managed by Relationships Australia, New South Wales and is a local grassroots community service. We work closely with families and other local services to assist parents focus on the changing developmental and emotional needs of their children during changes in families.

## **Where are we?**

We are located at 125 Main Street on the corner of Sunnyholt Road in Blacktown. We are on the second floor right beside the Migrant Resource Centre. There is easy access by bus and we are just 10 minutes walk east of Blacktown railway station. There is also off street parking in front of the FRC. You can contact us on (02) 8811 0000 for more information or to arrange an appointment.

## **What happens at the FRC?**

When you call, or drop in, you will speak to one of our reception staff who provide you with information and arrange a time for you to speak with a Family Advisor. The Family Advisor will talk with you about the relationship matters that you wish to discuss. Once they understand your family's needs, they will work with you to plan the next step forward. Often this will involve inviting your spouse or partner (current or former) to attend a similar session.

Where appropriate you may be referred on to our Family Dispute Resolution service where Practitioners work with parents separately and together to facilitate 'child focussed' discussion about ongoing family issues/disputes. This is usually conducted by two Practitioners and aims to help parents reach agreements on parenting arrangements that are best for their children.

## **Issues that you might want to discuss**

FRC's have been established to help people discuss any matters relating to strengthening family relationships, keeping families together, and assisting families through separation. We have a wide range of resources available including printed material, CD's and DVD's and you can also access the Family Relationships On-line website and Advice line from the FRC.

## **Referrals and other services**

We work closely with and refer to many other community and government organisations that provide a variety of services including counselling, legal advice, migrant services and group work. The Blacktown FRC provides a seminar, "Kids in Focus" and a course, "Step Families".

## **CALD Services**

We have access to interpreters and a close link with Blacktown Migrant Resource Centre. Our Centre has also developed a relationship with local indigenous services.

## **Cost**

Services are offered free including the first 3 hours of joint FDR, after which fees may be charged on a sliding scale depending on income.